

### Health & Wellness Day

**Martin Youth LEADERship Students** met for Health and Wellness Day on Feb. 20. chaired by Charlene Lyons, class 25 and assisted by David Sarno, Class 21. The day kicked off at the Y with vigorous exercise training led by YMCA Fitness Dir. Joshua Joseph. Shown is George Dzama doing pushups.

Following this, students received an interactive warning about the dangers of alcohol, DUIs, drugs laced with fentanyl, and vaping from the Stuart Police Department. Social worker Kathleen Lannon (class 21) and Corporal Amy Duran spoke about the legal and practical consequences of DUIs and underage drinking. To emphasize how little alcohol it takes for one to become impaired, students were given “drunk goggles”: shown are Tiffany Miller walking a straight line and Dominic Sicoli catching a ball. It was clear: that it takes very little alcohol to become too impaired to make good decisions or drive.

Children’s Services Council where Kathleen Smith and her team gave an overview of the National Alliance in Mental Illness (NAMI). Students were educated on a variety of mental and emotional diagnoses and were given resources to respond mental/emotional crises of their own or those from their circle of friends and family. The day concluded with a lesson from Tegan Bissel and Melody Shrock, dietitians from Cleveland Clinic. Students provided sugar cubes to visually learn about all of the hidden sugar in beverages alone.



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**Christina Josie** is a Youth LEADERship graduate of Harecore Class 24 and a senior at Clark Advanced Learning Center. As a native of Martin County she found the Youth Program very cool in that she learned and visited places that she had no idea existed in her home town. She has taken dance lessons since she was little and has performed on stage at StarStruck. But had never been to the Barn Theatre. Students were encouraged to volunteer at the theatre so she decided to try out for the upcoming play Cinderella and was accepted. Last year during spring break a group from CALC took a trip to New York and she was able to see a Broadway Show. Christina’s future plans are to attend college with musical theatre as her major. Keep your eyes on the lookout for an up and coming local star on Broadway.



# LEAD NOW. LEARN HOW.

## LEADERship MARTIN COUNTY

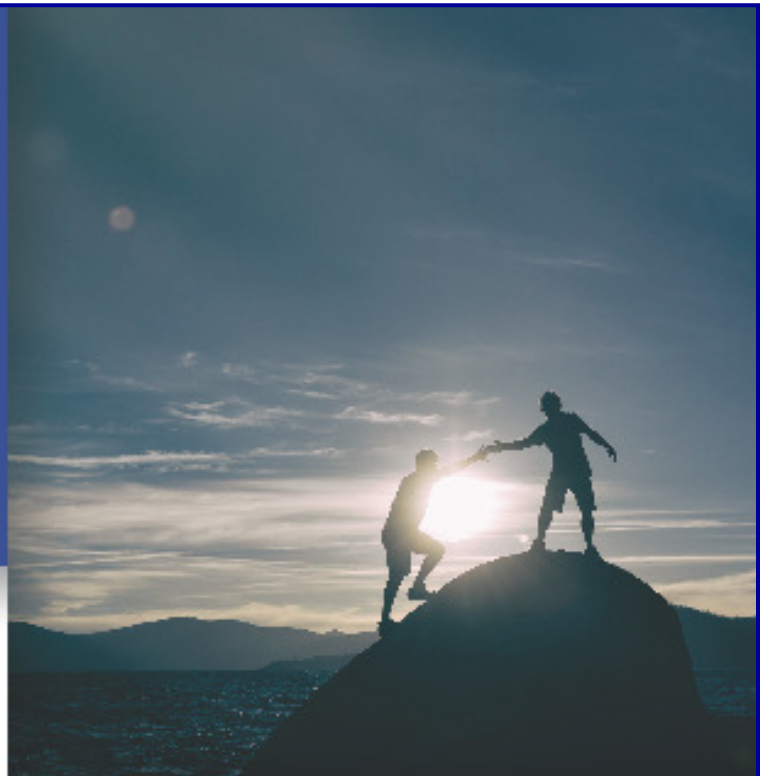
**L**earn the tools to help you make a difference in Martin County. This esteemed leadership education program guides participants through an in-depth look into our community and everything it has to offer its residents. Key components of the program include:

- Meeting the decision makers in business, education, health care, government, social services, arts and law enforcement
- Learning about the issues and asking the hard questions that affect Martin County
- Touring area facilities and their operations
- Networking with other leaders and making your voice heard and
- Committing to one program day a month for ten months.

For more information, contact LEADERship Martin County Program Director, Cindy LaConte, at [claconte@stuartmartinchamber.org](mailto:claconte@stuartmartinchamber.org) or (772) 341-6096.

Visit <https://www.stuartmartinchamber.org/the-chamber/leadership> to learn more and application.

Class 34 applications are now available and due June 20, 2024.



## Making a difference

LEADERship Martin County is an exciting program designed to prepare potential leaders to meet the challenges facing Martin County. Participants will explore critical issues through a series of presentations, seminars and field trips. Interaction with key decision makers, experts, community leaders and government representatives will assist participants in understanding the forces that impact their community, business and daily lives.

The success of the program, now in its 33rd year, is reflected in the broad base of leaders who have gone through the program and chosen to make a difference. CEO's of many businesses and Non-Profit Organizations have been through the program, along with elected officials such as City and County Commissioners, Sheriff, City Police Chief, Property Appraiser, Clerk of the Court, Superintendent of Schools, School Board Members and many State Legislators.

**"Learn the tools to make a difference in Martin County."**



# LEADERship Environment Day

**LEADERship Class 33** enjoyed **Environment Day** by experiencing a day outdoors and out of their usual environments. It was a glance at how our county's surroundings affect our daily lives. A special thank you to LEADERship Alumni and the Environment Day Planning Committee for making this day great for Class 33: Melissa Zolla (31), Debbi Greer (31), Cindy Groover (30), Rick Hartman (15), Brittany Bearden (27) and Eric Kiehn (29).

The Class enjoyed a leadership skill with Alumnus Tim Kinane (1). The Class also had a visit from the City of Stuart Chief of Police Tumminelli (20) and Sheriff Major John Budensiek (30). They stopped by to deliver next month's homework assignment.



## UPCOMING Stuart/Martin Chamber Events — 772-287-1088

- |   |
|---|
| Mar 5, Tues., 7:45am, Business B4 Breakfast, <i>Coral Shores Behavioral Health, 5995 SE Community Dr., Stuart</i>   |
| Mar 12, Tues., 7:45am, Business B4 Breakfast, <i>The Estate, Trust &amp; Elder Law Firm, Children's Serv. C., 101 SE Central Pky., Stuart</i>   |
| Mar 13, Wed., 11:45am, Business At Lunch, <i>Better Business Bureau, Carrabba's Italian Grill, 2700 SE Federal Hwy., Stuart</i>   |
| Mar 19, Wed., 11:45am, Business B4 Breakfast, <i>The Grace Place, 1550 SE Salerno Rd., Stuart</i>   |
| Mar 20, 5:30-7:30pm, Business After Hours, <i>Hobe Sound Farmers Market, 1425 SE Bridge Road, Hobe Sound</i>  |
| <b>SAVE THE DATE - AUCTION &amp; BUSINESS AFTER HOURS - Tradewind Aviation - 2315 Witham Field Dr., Stuart</b><br><i>Sky's The Limit - Contact Debbi for info: 287-1088, ext. 112</i> |



# 80'S MURDER MYSTERY

A CLASSIC "WHO DONE IT?"  
(IN SPANDEX)

**APRIL 25 | 5:30 PM**

**Aycock at Tradition**

12571 Tradition Parkway  
Port Saint Lucie, FL 34987

**Tickets: \$125**

Purchase online at [www.leadershipmcalumni.com](http://www.leadershipmcalumni.com)



**DON'T MISS THE PARTY OF THE SEASON!  
AN INTERACTIVE DINNER WHERE THE PLOT UNFOLDS  
AROUND YOU -- AND THE PERPETRATOR COULD LURK  
AROUND ANY CORNER!**



This event is the signature fundraiser for the Martin County Youth LEADERSHIP and College Scholarship programs. Your support is essential for continuing unique, FREE enrichment opportunities that foster the future leaders of Martin County!



**TICKET PRICE INCLUDES DINNER,  
TWO DRINKS AND THE SHOW**





LEADERSHIP  
MARTIN COUNTY ALUMNI FOUNDATION FOR YOUTH, INC.

# 80'S MURDER MYSTERY

APRIL 25 | 5:30 PM

## SPONSORSHIP OPPORTUNITIES

### Brat Pack - \$3,000 (5 Available)

Lifetime LEADERSHIP Alumni Membership for sponsor

Table of 8

Web Banner for 2023-2024 & 2024-2025

Recognition at the event

Post on Social Media with company logo

List in Program with company logo

### Mix Tape - \$2,000 (5 4 Available)

Table of 8

Complimentary ticket to Installation event

Web Banner for 2023-2024 & 2024-2025

Recognition at the event

Post on Social Media with company logo

List in Program with company logo

### Bon Jovi - \$1,000

Two Dinner tickets

Recognition at the event

Post on Social Media w/logo

List in Program with company logo

### VCR - \$500

One Dinner ticket

Post on Social Media with company logo

List in Program with company logo

### Walkman - \$250

Post on Social Media with company logo

List in Program with company logo



Never worry about remembering to pay your dues again!

become  
a lifetime  
member  
Just \$750!

**ONLY 50**  
available at  
this price for a  
limited time.

Purchase online at  
[www.leadershipmcalumni.com](http://www.leadershipmcalumni.com)

**OFFER EXPIRES  
6/30/24!**

To pay by check, make payable to LEADERShip Martin County Alumni, Inc.  
and mail to PO Box 794, Stuart, FL 34995.

## Campo Retiring as Commissioner

**James Campo**, class 1, has been a Commissioner at Sewall's Point for nearly a decade and feared for his safety during some of the opposition on issues being proposed, such as septic-to-sewer conversion, where he had to be walked to his car with so many people against it. He has mastered the art of disagreeing without being disagreeable. He felt that people want to be heard, to be validated and listened to. You don't have to agree with them.

The respect Campo earned from those who worked with him was on display December 12 at his final town meeting. The room was packed with government officials from Martin and St. Lucie counties who applauded as town commissioners approved December 30 to be "Commissioner James W. Campo Day."

Taryn Kryzda, class 13, Indiantown Village Manager, mentioned Campo's sense of humor, which was on full display during his farewell speech, as a tool he used when working with others. Campo isn't retiring from political life completely. He's still assistant treasurer for the Florida Republican Party.





# Council of Chambers Luncheon

Stuart/Martin County Chamber hosted a luncheon at Hutchinson's Shore on February 14<sup>th</sup>. The guest speaker was **Dr. Timothy Moore**, President, Indian River State College. There were more than **Seventy Alumni** at the luncheon.



Dr. Timothy Moore, Vicki Davis, Commissioner Stacey Hetherington, Lisa Satur



Joe Catrambone and Kelly Johnson



Jeff Gustafson, Jenny Fields, Missi Campbell, Cindy Groover, John Budensiek



Ted Astolfi, Patrick and Cindy LaConte, Greg Nuttall



Marshall Critchfield, Debbi Greer, Stephan Quintyne



LEADERShip Alumni Class 32





# Bulletin Board

POST YOUR NOTES

LEADERship Alumni Board  
2023-2024

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Community Ambassador

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LEADERship Prog. Director  
Cindy LaConte  
Stuart/Martin County Chamber

LEADERlines Editor  
Nancy Sailer

## CANCELLED

The Mets Family Day Baseball Game has been cancelled, the LEADERship Alumni event will not be held this year.

## Vote on March 19

*PRESIDENTIAL PREFERENCE*

*PRIMARY ELECTION*

Only voters registered with the Republican Party can vote to determine which candidate will represent the party on the General Election ballot in November.

### Martin Youth LEADERship Applications

are now accepted for next year's Class 26 program. For more information about the program, go to [leadershipmcalumni.com/youth-leadership/](http://leadershipmcalumni.com/youth-leadership/). The application is located at the bottom of the page. You can also contact Jeanne Dunn, Coordinator at [martinyouthleadership@gmail.com](mailto:martinyouthleadership@gmail.com).

## Alumni Purpose

*The purpose of LEADERship Martin County Alumni is to support the LEADERship Martin County Program; to provide education and networking opportunities for our members; and to enhance community awareness of our members by providing opportunities to evaluate and act on issues affecting the community.*

Note: Our monthly newsletter can now be viewed on our website [www.LeadershipMCalumni.com](http://www.LeadershipMCalumni.com)

**LEADERship Alumni**  
**P.O. Box 794**  
**Stuart, FL 34995-794**